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TAO 道

20th International TCM Congress
28 to 30 Sept. 2023 GRAZ

Dear Colleagues!

We would like to cordially invite you to our TCM Congress.

The motto of this year's congress is: "**The best of 20 years TCM Congress**". There will be a very broad program, a "best of" the diagnosis and treatment possibilities of TCM, and of course the latest scientific findings and studies, which show how evidence-based the methods of TCM already are, will not be neglected.

Above all we have invited the speakers, who have inspired us again and again over the past 20 years and who have made these congresses so interesting and lively.

Take advantage of this unique opportunity in Austria to experience TCM and feel the cozy atmosphere of our TAO Congress. Experience education in small groups and meet speakers, colleagues and friends for a professional exchange or a cozy conversation.

Allow me to conclude with a few personal words:

After 20 years of organization and wonderful collaboration with Renate Pleterski, this will be the last congress we organize together and we want to celebrate with you once more.

We are looking forward to welcoming you all at our congress according to our motto "TAO Traditional-Amikal-Oesterreichisch".

Peter Aluani & Olivia Pojer

IMPORTANT INFORMATION!

CONGRESS SCHEDULE:

On all three Congress days many practice-oriented workshops will take place. Plenary Lectures are held on Friday and Saturday morning.

CONGRESS LOCATION:

Steiermarkhof, Ekkehard-Hauer-Straße 33, 8052 Graz, Austria

CONGRESS TIMES:

Thursday: 9.15 am to 6.00 pm

Friday: 8.45 am to 6.00 pm

Saturday: 9.15 am to 5.30 pm

CONGRESS LANGUAGE:

Workshops in **bold letters (E) will be held in English**, all others will be in German! Lectures and Workshops won't be translated!

REGISTRATION:

We kindly ask you to book your desired workshops in advance, but depending to availability, you can also switch to other workshops during the congress. For workshops with limited number of participants marked with "(max X pax)" a fixed registration is required. The principle "first come, first served" applies.

After **online registration** you will receive the **booking confirmation** and invoice via e-mail. Approximately two weeks bevor the congress, we will send you a link to **download handouts**, which are published on the congress homepage in a secure area. You will get your name badge, the goody bag and the certificate of attendance at the registration office at the congress.

CEU:

For the participation in the congress 25 Credits by the ÖÄK (Austrian Medical Chamber) have been approved. For CEUs in your country you'll receive a certificate of congress attendance so that you can apply for CEUs in your country.

SOCIAL PROGRAM:

Thursday, 28.09.2023, 06:45: GUIDED CITYWALK – free of charge – registration requested.



World Heritage and Cultural Capital. Graz has many faces: Renaissance residence and student city. Romantic arcaded courtyards, bustling squares, medieval alleys, southern charm. A panorama of old and new. From the clocktower with its unusual hands to the island made of glass and steel. From the emperor's mausoleum to the "Kunsthau" – the "friendly alien". Have a sensuous experience of a captivating city.
Meeting Point: Jakominiplatz, Sonnenapotheke, Bushaltestelle # 31, 33

Friday, 29.09.2023, 06:45: **CONGRESS PARTY** in Steiermarkhof "**TCM ROCKS**"



06.45: Buffet-Dinner (Typical Styrian food) and Live Band! € 40,00 per Person.
08.30: Just the party - free of charge.
Please book: renate.pleterski@ogka.at

HOTEL BOOKINGS:

please contact:

Graz Tourism and City Marketing GmbH - Ms. Barbara Kollmann
Messeplatz 1, Messeturm, 8010 Graz, Austria
T: + 43/316 / 8075-49, F: + 43/316 / 8075-55
km@graztourismus.at, www.graztourismus.at

PHOTOS:

It is noted that the photos taken during the congress are published for the purpose of documenting the event.

(Subject to alterations, typesetting and printing errors.)



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PROGRAM: Thursday, 9/28/2023

On Thursday workshops will be held all day. You **have to select one WS per time unit**. Workshops in **bold letters (E)** will be held in English, all others will be in German, without translation!

WS (9.15 - 10.45 am)

- Best of Qigong | [Awai CHEUNG](#)
- **Between unity and divisions - 3 steps to effective pulse diagnosis (max 25 pax) (Part 1)** | [Bartosz CHMIELNICKI](#) | E
- Find causes - and not just treat the symptom! [Trikombin] | [Peter LINDPOINTNER](#) |
- **Meta-practice in Practice – a way of combining different TCM-traditions and styles (Part 1)** | [Volker SCHEID](#) | E
- Emotional disorders in pregnancy and treatment with Western medicinal plants in ICM | [Lingky TAN-BLEINROTH](#)

WS (11.30 - 1.00 pm)

- **Between unity and divisions - 3 steps to effective pulse diagnosis (max 25 pax) (Part 2)** | [Bartosz CHMIELNICKI](#) | E
- The scourge of migraines - can a healthy gut protect us? [Biovis] | [Jürgen KASPER](#)
- **Meta-practice in Practice – a way of combining different TCM-traditions and styles (Part 2)** | [Volker SCHEID](#) | E
- The Central Role of the Middle (max 25 Pax) | [Eva SCHÖNHART](#)
- Emotional Factors in the integrative fertility therapy | [Fransiscus Kiki SULISTYO](#) |

WS (2.30 - 4.00 pm)

- Advancing through case studies - selected and educational cases from practice (Part 1) | [Simon BECKER](#)
- **Between unity and divisions - 3 steps to effective pulse diagnosis (max 25 pax) (Part 3)** | [Bartosz CHMIELNICKI](#) | E
- The best Acu points for baby blues and postpartum depression | [Sandra LEMP-DORFER](#)
- **Acupuncture for Memory dysfunctions (Part 1)** | [Hamid MONTAKAB](#) | E
- Ligament injuries in sport and leisure - TCM treatment strategies and surgical indications (Part 1) | [Karl ZIPPELIUS](#)

WS (4.30 - 6.00 pm)

- Advancing through case studies - selected and educational cases from practice (Part 2) | [Simon BECKER](#)
- **Between unity and divisions - 3 steps to effective pulse diagnosis (max 25 pax) (Part 4)** | [Bartosz CHMIELNICKI](#) | E
- **Acupuncture for Memory dysfunctions (Part 2)** | [Hamid MONTAKAB](#) | E
- Treatment of Anomalies of the unborn's position during Childbirth ... | [Birgit SEYBOLD-KELLNER](#)
- Ligament injuries in sport and leisure - TCM treatment strategies and surgical indications (Part 2) | [Karl ZIPPELIUS](#)

Friday, 9/29/2023

On Friday the plenary lectures will take place from 11.00 am to 1.00 pm. The workshops will be held from 8.45-10.15 am, 2.30-4.00 and 4.30-6.00 pm. Workshops on Nutrition Day (Friday) organized by the association g5e can be attended free of charge with your congress card.

Workshops in **bold letters (E)** will be held in English, all others will be in German without translation!

WS (8.45 - 10.15 am)

- Sleep disorders - differentiated therapy strategies for the practice (max. 35 pax) | [Stefan ENGLERT](#)
- **Acupuncture points for menstrual / pelvic pain and cancer pain – from research into clinical practice** | [Sandro GRACA](#) | [Matthias HUEMER](#) | E
- Gua Sha (max 20 pax) | [Andreas HÖLL](#)
- **Enlightenment of the immune system ...** | [Michael WEBER](#) | E
- Healing of the center- Twelve years after (g5e) | [Georg WEIDINGER](#)

LECTURES (10.45 am - 1.00 pm)

- 10.45-11.15 Congress opening | [Peter ALUANI](#) | [Olivia POJER](#) | E
- 11.15-11.45 Acupoints are located on unique neuro-anatomical structures based on evidence from cadaver dissection, electrostimulation and ancient classics | [Poney CHIANG](#) | E
- 11.45-12.10 The future is now – your evidence-informed acupuncture practice providing integrative care | [Sandro GRACA](#) | E
- 12.10-12.35 Pins and needles..., acupuncture for chemotherapy induced polyneuropathy | [Barbara KIRSCHBAUM](#) | E
- 12.35-13.00 High-Tech Laser Acupuncture and Innovative Laser Medicine Research | [Gerhard LITSCHER](#) | E

WS (12.30-2.00 pm)

- Sleeping lotus, drunken chicken. Chinese food culture and cuisine (Part 1) | [Uwe SIEDENTOPP](#)

WS (2.30 - 4.00 pm)

- **Introduction to channel plucking and neuro-modulatory needle technique (Part 1)** | [Poney CHIANG](#) | E
- **An overview of clinically important tongue signs (Part 1)** | [Barbara KIRSCHBAUM](#) | E
- Functional perceptual disorders, ophthalmological phenomena and acupuncture | [Johannes NEPP](#)
- RAC | [Birgit RICHTER-FRIEDRICH](#)
- Sleeping lotus, drunken chicken. Chinese food culture and cuisine (Part 2) | [Uwe SIEDENTOPP](#)

WS (4.30 - 6.00 pm)

- **Introduction to channel plucking and neuro-modulatory needle technique (Part 2)** | [Poney CHIANG](#) | E
- TCM mindmapping in nutrition therapy (G5E) | [Ina DIOLOSA SCHÖNEMANN](#)
- **An overview of clinically important tongue signs (Part 2)** | [Barbara KIRSCHBAUM](#) | E
- Different diagnostic/therapeutic options in frequentist acupuncture | [Manfred REININGER](#)
- Skenar - Individuelle Impulstechnologie, die mit dem Körper kommuniziert [Enerbalance] | [Klaudia SZEFPALUSI-EIBEL](#)



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Saturday, 9/30/2023

On Saturday there will be plenary lectures in the morning and workshops in the afternoon. You have to select one workshop per time unit.

Lectures (09.15 - 1.00 pm)

- 09.15-09.40 **What to do when you don't know what to do?** | [Yair MAIMON](#) | E
09.40-10.05 **Diagnosis of Myofascial Trigger Points - Development of the Munich Myofascial Trigger Point Score (MMTS)** | [Petra BÄUMLER](#) | E
10.05-10.30 **What do we learn from the physiological research for the use of acupuncture in daily practice?** | [Dominik IRNICH](#) | E
11.00-11.30 The 3 best studies from 2023 | [Matthias HUEMER](#) |
11.30-12.00 Development of ear acupuncture | [Leopold DORFER](#) |
12.00-12.30 Probiotics and gut health: How healthy gut flora protects the liver | [Simone L. PIVAL-MARKO](#) |
12.30-13.00 TAO 2024 | [Olivia POJER](#) |

WS (1.30 – 2.00 pm)

- Implant Acupuncture Certificate Course | [Peter ALUANI](#) |

WS (2.00 - 3.30 pm)

- **The Subconscious: the silent acupuncturist (max 24 pax) (Part 1)** | [Ilias CHRISTIDIS](#) | E
- Ear acupuncture for pain syndroms | [Leopold DORFER](#)
- Fibromyalgia syndrome treatment with TCM (Part 1) | [Josef HUMMELSBERGER](#)
- Myofascial Triggerpoints (mTrPs) | [Dominik IRNICH](#)
- **Windows of heaven - In-depth understanding and the clinical use of the windows of heaven points (Part 1)** | [Yair MAIMON](#) | E

WS (4.00 - 5.30 pm)

- **The Subconscious: the silent acupuncturist (max 24 pax) (Part 2)** | [Ilias CHRISTIDIS](#) | E
- Fibromyalgia syndrome treatment with TCM (Part 2) | [Josef HUMMELSBERGER](#)
- What is the common denominator of migraine, rheumatism, asthma, neurodermatitis, psoriasis | [Jürgen KASPER](#)
- **Windows of heaven - In-depth understanding and the clinical use of the windows of heaven points (Part 2)** | [Yair MAIMON](#) | E
- Thyroid disorders from a TCM perspective - Western herbs | [Florian PLOBERGER](#)

Workshops in **bold letters (E)** will be held in English, all others will be in German without translation!

We have invited the following Speakers:

Name		Country
Aluani	Peter	AT
Bäumler	Petra	DE
Becker	Simon	CH
Cheung	Awai	AT
Chiang	Poney	CA
Chmielnicki	Bartosz	PL
Christidis	Ilias	AT
Diolosa Schönemann	Ina	AT
Dorfer	Leopold	AT
Englert	Stefan	DE
Graca	Sandro	IE
Höll	Andreas	AT
Huemer	Matthias	AT
Hummelsberger	Josef	DE
Irnich	Dominik	DE
Kasper	Jürgen	AT
Kirschbaum	Barbara	DE
Lemp-Dorfer	Sandra	AT
Litscher	Gerhard	AT
Lindpointner	Peter	AT
Maimon	Yair	IL
Montakab	Hamid	CH
Nepp	Johannes	AT
Ploberger	Florian	AT
Reininger	Manfred	AT
Richter-Friedrich	Birgit	AT
Scheid	Volker	UK
Schönhart	Eva Maria	AT
Seybold-Kellner	Birgit	DE
Siedentopp	Uwe	DE
Sulistyo	Fransiscus	DE
Szefalusi-Eibel	Klaudia	AT
Tan-Bleinroth	Lingky	AT
Weber	Michael	DE
Weidinger	Georg	AT
Zippelius	Karl	IT